

NAME OF TEACHER : **Dr. Ishwar Bhardwaj**

Papers presented in Seminars/Conferences (2005 onwards)

S.No.	Title of the Paper	Name of Conference	Name of Institution and Place	Dates
NATIONAL				
1.	Yog Chetana Evam Shiksha	Academica-I Adhiveshan - Directorate of Higher Education, Uttarakhand.	Govt. M.B.P.G. College, Haldwani	11-12, March 2005
2.	Importance of Yoga and Naturopathy	National Conference on Yoga and Naturopathy for common man.	Indian Yoga Federation, NITTTR, Chandigarh	19-20 March 2005
3.	Yoga : As a science of living	National Conference of Yoga and Science	Dr. H.S. Gaur University, Sagar (M.P.)	17-18 Feb. 2007
4.	Mahamta Gandhi and Naturopathy	National Seminar cum Workshop on M.G.'s view on Prakritik Chikitsa and Health	M.D.S.D. Girls College, Ambala City (Haryana)	22-23 Jan. 2008
5.	Yoga and School Health	National Yoga Week, 2009, Conference/Seminar/Workshop	Morarji Desai National Institute of Yoga, Ayush, Govt. of India, New Delhi	16-22nd Feb. 2009
6.	Concept of Mental Health in Yogic Philosophy	National Seminar on Yoga, Mental health and Society	Govt. M.B.P.G. College, Haldwani	23-24 May, 2009
7.	Yoga for life style related disorders	National Yoga Week - 2010 and National Conference	Morarji Desai National Institute of Yoga, Dept. of AYUSH, Govt. of India, New Delhi	12-18 Feb. 2010
8.	Relevance of yoga in modern context	National seminar on relevance of yoga in the present context as a science of living	Department of Yoga, Govt. MBPG College, Haldwani	17-18 march, 2010

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INTERNATIONAL				
1.	Vedon Mein Mansik Chikitsa	International Conference on Psychotherapy, Yoga and Spirituality	World Council for Psycho Therapy, Yoga and Psycho Theraphy Association of India, Asian Federation for Psycho Therapy, Haridwar	27-29 Nov. 2005
2.	Meditation	International Seminar on Nath Yoga Sampradaya	International Yoga Coordination Center Pramarth Niketan, Rishikesh	13-15 Oct. 2006
3.	Vedon Mein Yog	International Ved-Vedang-Conference	Gurukul Kangri University, Haridwar	9-11 Jan. 2007
4.	Yoga in modern perspective	International conference on “yoga and health awareness in modern scenario”	Gurukul Kangri University, Haridwar	23-25 March, 2007
5.	Intervention of yogic life style to improve health status among hypertensive executives enhancing performance and reducing losses of the organization	international conference on “management sciences and arts”,	Faculty of management studies, Gurukul Kangri University, Haridwar	15-17 sep, 2008
6.	Vedic sadhana paddhati- Smagra Yoga	World ved conference	Gurukul Kangri University, Haridwar	20-22 nov, 2009