

NAME OF TEACHER : **Dr. Rakesh Giri**

Papers presented in Seminars/Conferences (2005 onwards)

S.No.	Title of the Paper	Name of Conference	Name of Institution and Place	Dates
NATIONAL				
1	Identifying topics on Yoga for integration with academic disciplines of Higher education and Plan of action for their Implementation	U.G.C. sponsored National Seminar cum Workshop on "Strategies of Integrating Yoga in Higher Education".	Sohan Lal D.A.V. College for Education, Ambala City (Haryana)	7-10 Feb. 2005
2	"A Study of Effect of yogic practices for efficiency of Golf Players"	National Conference on Yoga and Naturopathy for Common man-sponsored by Ayush, Min. of Health, Govt. of India, New Delhi	National Institute of Technical Teachers Training and Research, Sec. 26, Chandigarh	19-20 March 2005
3	"Mental Pollution - A Burning problem of Society and its Yogic remedies"	UGC sponsored National Seminar on mental Straeth Awareness : A Yogic Perspective	Sohan Lal D.A.V. College for Education, Ambala City (Haryana)	29-31 Oct. 2005
4 (i)	Nature, Form and Relevance of Moral values and Principles of Yoga in Modern education.	UGC Sponsored National Conference on Yoga and Moral values in modern perspectives	Dept. of Yogic Science, Dr. H.S. Gour Univ., Sagar	29-31, Jan. 2006
(ii)	Treating obesity through Behaviour modifications and Yogic Methods	UGC Sponsored National Conference on Yoga and Moral values in modern perspectives	Dept. of Yogic Science, Dr. H.S. Gour Univ., Sagar	29-31, Jan. 2006
5	Acted as Panel of Experts	Workshop on Research Methodology in Yoga	Moraji Desai National Institute of Yoga New Delhi	6-10 March, 2006
6	"Role of Pranayama in Modern Life"	National Conference on Yoga and Science	Dept. of Yogic Science, Dr. H.S. Gour University, Sagar (M.P.)	17-18 Feb. 2007
7	"Yogic Therapy in Modern perspectives"	National Yoga Week, Sponsored by Dept. of Ayush, Ministry of Health, New Delhi	Moraji Desai National Institute of Yoga, New Delhi	25-29 Feb. 2008
8	Yoga Education - Ancient and Modern Practices for Human health	National Seminar on Yoga education	Yoga Centre, Jiwaji University, Gwalior	25 Feb. 2008

9	"Scientific Role of Yoga in Physical Fitness"	UGC sponsored National Conference on "Scientific temperaments in Physical Education and Sports"	Shaheed K.R. College of Physical Education, Bhagoomajra-Kharar, Mohali (Pb.)	14-15 Nov. 2008
10	Role of Yogic Practices in Efficiency of Swimming	3rd National Conference on Professional and Scientific Approach of Physical Education and Sports in 21st Century.	Dept. of Physical Education, Gurukul Kangri University, Haridwar	1-2 Feb. 2008
11	"Problems of Effective Implementation of Yoga Education in School Curriculum and their remedies"	UGC sponsored Golden Jubilee National Seminar on "Yoga Education in India"	Dept. of Yogic Science, Dr. H.S. Gaur University, Sagar (M.P.)	30-31 Jan. 2009
12	"Role of Yogic Practices and their norms in improvement of Holistic Life Style"	National Seminar on Improvement of Holistic Life Style through Physical Education and Yoga.	Dept. of Physical Education Forte Institute of Technology, Meerut (U.K.)	9th March 2010
INTERNATIONAL				
1.	Yogic Management of Stress and Anxiety	International Vedic Conference	Dept. of Vedas, Gurukul Kangri University, Haridwar	27-30 Jan. 2005
2	"Scientific Basis of Hathyogic Mudras and Bandhas"	International Seminar on "Nathyoga Sampradaya"	Parmarth Niketan, Rishikesh	13-15 Oct. 2006
3	Acted as Co-ordinator	International Vedvedang Conference	Dept. of Vedas, Gurukul Kangri University, Haridwar	9-11 Feb. 2007
4	Management of Hypertension through Swara Yogic Principles.	3rd International Conference on "Recent Advances in Yoga and Psychotherapy.	Dept. of Yogic Science, Dr. H.S. Gaur University, Sagar (M.P.)	23-25 Nov. 2007
5	Scientific Principles of Yogic Therapy	International Conference on Metabolic Syndrome in Yoga and Naturopathy sponsored by CCRYN, New Delhi	Dept. of Physical Education and Health, Algappa University, Karaikudi (Tamil Nadu)	18-19 Dec. 2007
6	"Ayurveda Ki Vedmulakta"	World Veda Conference	Dept. of Vedas, Gurukul Kangri University, Haridwar	20-22, Nov. 2009
7	"Scientific Principles of Yogic Psychotherapy in context of Patanjali Yoga Sutras"	5th International Conference of World Council for Psychotherapy on "Psychotherapy Science and Yoga Traditions"	Shivalik Public Institute, Mohali (Pb.) near Chandigarh.	5-8 Jan., 2010