

NAME OF TEACHER: Dr. Rakesh Giri

Papers Published in Referred Journals (2005 onwards)

S.No.	Title of the Paper	Name of Authors	Journal's Name	Year	Vol. No.	Page No.	Impact Factor
NATIONAL							
1	Mansik Produshan - Ek Jwalant Samajik Samsya Avam Yogic Samadhan	Dr. Rakesh Giri	Proceedings of 2nd International Conference on Psychotherapy, Yoga and Spirituality at Haridwar	2005	-	77	-
2	Practice of Hathyoga for Stres Management and Academic Achievement of Adolescents	Dr. Rakesh Giri, Dr. Joginder Mukherjee, Miss Savita Arya, Miss Avtar Kaur	Proceedings of International Conference on Applied and Community Psychology Trends and Disections (26-28 Feb. 2005)	2005	-	242	-
3 (i)	Swara Yoga - An Introduction and Its Applications	Dr. Rakesh Giri	Book titled as "Yoga and Moral Values" edited by Dr. Ganesh Shankar and Nitin Karpal, 2008	2008	-	41	-
(ii)	Yogic Management of Cervical Spondylitis	Dr. Rakesh Giri	Book titled as "Yoga and Moral Values" edited by Dr. Ganesh Shankar and Nitin Karpal, 2008	2008	-	166	-
4	Scientific Basis of Pranayama	Dr. Rakesh Giri, Dr. Narain Prakash	Book titled as Yoga, Psycholtherapy and Spirituality by Dr. Ganesh Shankar, Sagar	Nov. 2005	-	280-289	ISBN: 81
5	Management of Hypertension through Swara Yogic Principles	Dr. Rakesh Giri, Manoj Upreti	Book titled as "Heolistic Personality" edited by Dr. Ganesh Shankar and Nitin Karpal, Sagar.	2009	-	147-150	-
6	Yoga : A therapeutic approach to Musculoskeletal disorders of Cmputer's Overuse	Dr. Rakesh Giri, Anil Kashyap	Souvenir Published on 27th National Yoga Championship, 2008-2009, by Indian Yoga Federation, Chandigarh	2008	-	24	-
INTERNATIONAL							
1	Scientific Basis of Yoga Psychotheraphy	Dr. Rakesh Giri	World Journal of Psychotherapy	2008	1(1)	171	ISSN 1800-7112
2	Scientific Basis of Yoga	Dr. Rakesh Giri	Breath, Health & Success. Materials of the Scientific and Practical Conference; Oct. 27-28 2007, St. Petersburg, Russia	2008 4th Ed.	-	53	ISBN 978-915000-003-1